



# 1 SAFE PLACE PANTRY NEEDS

Canned Meats; Tuna, Chicken, and Salmon

Canned Goods; beans, fruit, vegetables, chili, spaghetti-O's, and various soups

Dried rice and Ramen Noodles

Granola and Protein Bars

Crackers

Peanut Butter

Easy to-go snacks for kids; applesauce, nutella, raisins, cheese crackers

# 1 SAFE PLACE HYGIENE NEEDS

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Soap and body wash for all skin types

Razors

Shaving cream (men & women)

Baby shampoo/body wash

Baby Powder

Kleenex

Laundry Detergent

Vaseline

Deodorant

Antibacterial wipes

Pads/tampons

Size 5, 6, and 7 diapers

\*Travel-size portions of the above items  
are also needed

Reusable to-go bags